



## 2013 Miles for Max 5K Walk/Run Registration Form

September 24<sup>th</sup>, 2013 (rain or shine)

6:15 pm Kid Run 6:30 pm 5K

Lindenwood Park, Fargo, ND

Proceeds will benefit The Sanford Family Birth Center Bereavement Fund and the Sanford NICU

### Why are we running?

Their story has two parts. In the beginning, Anna Marohl and her husband Adam wanted to do something to support families who have experienced the loss of a child. When they lost their son Max in May 2011, they received the most amazing care at Sanford and also a memorial box, which they treasure. In the box were molds of their sons hands and feet along with items that have helped them work through their grief over the loss of their son. These boxes are made by nurses who volunteer their time and with donations to the Sanford Family Bereavement Fund. Now, two years later, they have welcomed a baby girl into their lives. Their daughter, Laikyn, was born 2 months premature in February 2013. She spent 6 weeks in the Sanford NICU and again, the family was touched by the care they received. The proceeds from this event will help fund memorial boxes for families who suffer the loss of a child and Sanford NICU.

### registration:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

*an email confirmation will be sent to this address*

Gender: M F Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_

T-shirts Yes No Size

*If you would like a t-shirt, please indicate yes above. T-shirts are only guaranteed if you register before September 10<sup>th</sup>. No guarantees for t-shirts/sizes if registered after that date. T-shirts will be available on a first come, first serve basis the day of the event and will also be available for purchase for non-participants.*

### fees and deadlines:

Adults: \$25 if registered before September 10<sup>th</sup>  
 \$30 between September 11<sup>th</sup> - September 23<sup>rd</sup>  
 \$35 day of the event

Children 12 and Under: \$15

**Registration fees are due at the time of registration and are non-refundable.**

Checks can be made out to Miles for Max  
 or pay via Pay Pal by emailing  
 milesformax5k@gmail.com

Submit Registration and Payment To:  
 Anna Marohl - PO Box 721, Mooreton, ND 58061

### race selection:

Please check your race below.

\_\_\_\_\_ 5K walk/run

\_\_\_\_\_ Kid Run (starting at 6:15pm)

Waiver: in consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors and administrators, waive any and all rights claims and damages I may have against the sponsors, coordination groups, City of Fargo, Fargo Parks District, and any individuals associated with said event. Also, none of the above is responsible for the loss of personal items. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions. I also understand that all registration fees are non-refundable. If you are under 18 years of age you must have the signature of your legal guardian to participate in this event.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Questions?? Contact milesformax5k@gmail.com or visit our website at www.milesformax.org